





Comprehensive nutritional formula to maintain healthy eyes and normal eyesight at day and night

The eye is an astonishing organ which delivers a sharp and colorful image of our surrounding world. However there are natural and artificial lighting conditions which may affect its function: hours spent working on the computer, watching TV or a smartphone screen and driving by night are particularly tiresome for the eye.

Several factors play a role in maintaining eye health and a sharp eyesight during day and nighttime. Among them: a good supply with specific nutrients.

Vitamin A contributes to keep normal eyesight at day and at night. Its action is directly backed up by **Zinc** since it influences **Vitamin A** metabolism.

Lutein and Zeaxanthin are carotenoids pigments found preferentially in green vegetables. When ingested, these dietary pigments are directed to the macula where they accumulate and play a particular protective function. Higher carotenoids content in the macula gives its name to the "yellow spot" which is responsible for sharp vision.

Blueberries are rich in anthocyanins. These are powerful antioxidants which have a positive effect on night vision. This product contains 50 mg Blueberry extract per capsule.

Vitamin B₆, Vitamin B₁₂ and Folic acid collectively contribute to the normal function of the central nervous system to which the eye belongs.

Vitamin C, Vitamin E, Zinc and **Copper** help to reduce the oxidative burden that is damaging to the retinal cells.

Doppelherz[®] **system New Focus Day and Night** help maintain healthy eyes and normal eyesight at day and night.

One capsules contains:

15 mg Lutein, 1 mg Zeaxanthin, 50 mg Blueberry extract, 400 μ g Vitamin A, 80 mg Vitamin C, 12 mg Vitamin E, 2 mg Vitamin B₆, 2.5 μ g Vitamin B₁₂, 400 μ g Folic acid, 300 μ g Copper, 5 mg Zinc.

Recommendations:

Take 1 capsule daily at meal with enough liquid. Do not chew. Do not exceed the stated recommended daily dosage! Food supplements should not be used as a substitute for a varied diet. The product should be stored out of the reach of children.

Not suitable for children and adolescents.

Do not store above 25 °C.

Energetic value:

1 capsule corresponds to 2 kcal/9 kJ.



