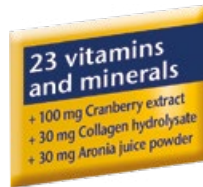




For Women

DEPOT

*lactose- &
gluten-free*



Vitamins and minerals for women

For women in each life stage an optimal supply with essential vitamins, minerals and trace elements is important for health and well-being. Essential nutrients cannot be synthesized by the body itself and must be taken in regularly with food. The requirement for nutrients differs between women and men.

Doppelherz® aktiv For Women DEPOT contains special selected vitamins, minerals and trace elements from vitamin A-zinc, which are involved in many metabolic reactions in the body of women. Additionally contained are 100 mg cranberry extract, 30 mg collagen hydrolysate and aronia juice powder. A sufficient supply of calcium, iron and folic acid is particularly important for women. Calcium is needed for the maintenance of normal bones, iron is important for the formation of red blood cells and contributes to the normal oxygen transport in the body. Folic acid is an important substance in cell division.

With only one depot tablet, important nutrients are gradually released in the body over many hours and nourish the bodies metabolic processes.

Recommendation:

Take 1 tablet daily at meal with enough liquid.

Please note:

Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Store out of the reach of young children. Not suitable for children and adolescents under the age of 18 years. Do not take this product in case of hemosiderosis and iron metabolism disorders.

One tablet contains:

400 µg RE Vitamin A, 16 mg α-TE Vitamin E, 120 mg Vitamin C, 24 µg Vitamin K, 1.43 mg Vitamin B1, 1.82 mg Vitamin B2, 1.82 mg Vitamin B6, 6 µg Vitamin B12, 5 µg Vitamin D, 100 µg Biotin, 300 µg Folic acid, 16 mg NE Niacin, 6 mg Pantothenic acid, 320 mg Calcium, 100 mg Magnesium, 7.5 mg Iron, 100 µg Iodine, 500 µg Copper, 1 mg Manganese, 25 µg Molybdenum, 20 µg Chromium, 27.5 µg Selenium, 5 mg Zinc, 100 mg Cranberry extract, 30 mg Collagen hydrolysate, 30 mg Aronia juice powder



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