

# Conceptive for Women





### For women trying for a baby

## Advanced formula to support fertility and reproductive health

When a couple is trying to conceive, success rates are higher if both man and Women pay particular attention to their lifestyle and their diet. Indeed a proper supply with specific nutrients is required for optimal reproductive health.

**Doppelherz**<sup>®</sup> **aktiv Conceptive for Women** has been developed to support women's all-round and reproductive health. It contains Folic acid that supports normal embryo development and prepares women for a healthy pregnancy. It combines Zinc which contributes to normal fertility and reproduction with Vitamin B<sub>6</sub> that helps regulate hormone activity. Vitamin B<sub>12</sub>, Vitamin D<sub>3</sub>, Iron and Magnesium are necessary for high rates of cell division. Iodine is essential for normal embryogenesis and for the development of neurological and cognitive functions of the fetus.

**Doppelherz**<sup>®</sup> **aktiv Conceptive for Women** also contains antioxidants such as **Vitamin C, Vitamin E and Beta-Carotene**, as well as bioactive nutrients such as **L-Arginine and Siberian ginseng extract** that positively influence reproductive health.

Folic acid in combination with Inositol supports ovulatory function, helps regulate ovarian rhythm and has a positive effect on oocyte quality.

**Choline** acts synergistically with Folic acid, which reduces the risk of neural tube defects. **B-Vitamins, Iron and Zinc are necessary for blood pro-duction.** Together with **Vitamin D**<sub>3</sub>, the nutrients blend from **Doppel-herz**<sup>®</sup> **aktiv Conceptive for Women capsules helps support women's all-round and reproductive health.** 

Composition	Per 1 capsule	Composition	Per 1 capsule
Siberian ginseng extract	100 mg	Folic acid	800 µg
Choline	50 mg	Vitamin B <sub>12</sub>	5 µg
L-Arginine	50 mg	Biotin	20 µg
Inositol	50 mg	Pantothenic acid	8 mg
Beta-Carotene	3 mg	Magnesium	60 mg
Vitamin D <sub>3</sub>	15 µg	Iron	20 mg
Vitamin K	75 µg	Zinc	15 mg
Vitamin E	28 mg	Manganese	2 mg
Vitamin C	90 mg	Copper	1 mg
Vitamin B <sub>1</sub>	2.2 mg	Selenium	48 µg
Vitamin B <sub>2</sub>	2.4 mg	Chromium	40 µg
Niacin	20 mg	lodine	140 µg
Vitamin B <sub>6</sub>	2.8 mg		

### **Recommendation:**

Take 1 capsule daily at meal with enough liquid. Do not chew.

Do not exceed the stated recommended daily dosage! Food supplements should not be used as a substitute for a varied diet. The product should be stored out of the reach of children.

### **Energetic value:**

1 capsule corresponds to 1 kcal/2 kJ.

Do not store above 25 °C.



