





Helps boost immune defenses

The efficiency of our immune system largely depends on a continuous supply with specific micronutrients.

Doppelherz® Vitamin C 1000 tablets supply the organism with 1000 mg Vitamin C combined with 800 IU Vitamin D₃ to support a normal function of the immune system.

Vitamin C contributes to efficient and fast-responding immune defenses. It also offers cells protection against oxidative stress, in particular to immune cells participating in the fight against pathogens.

Vitamin D also plays an important role in the function of the immune system. It is important to increase **Vitamin D** intakes especially in winter since the organism is not able to produce enough vitamin D on its own during times of lower solar irradiance.

Vitamin C and Vitamin D₃ in Doppelherz® Vitamin C 1000 tablets are embedded in a time-release matrix: progressive dissolution of the tablet in the intestine over several hours, thanks to the DEPOT technology, improves absorption efficiency and utilization of the vitamins by the organism.

One tablet contains:

1000 mg Vitamin C, 20 μg (= 800 IU) Vitamin D₃

Recommendations:

Take 1 tablet daily at meal with enough liquid. Do not chew. Do not exceed the stated recommended daily dosage! Food supplements should not be used as a substitute for a varied diet. The product should be stored out of the reach of children.

Energetic value:

1 tablet corresponds to 4 kcal/18 kJ.

Do not store above 25 °C.





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