



lactose- & gluten-free

Selen



High-strength antioxidant complex

Doppelherz® aktiv Selen contains a combination of antioxidants that synergistically act to protect cells against free radicals, to support function of the immune system and to reduce tiredness.

Selenium is a trace element which is involved in several vital processes: production of active thyroid hormones, inflammation, immunity and function of the male reproductive system all depend on a proper supply with selenium.

Beta-carotene is an antioxidant that is able to neutralize free radicals. This action is particularly helpful in the skin, where UV rays from the sunlight generate free radicals. **Beta-carotene** is also known as Provitamin A since it can be converted into vitamin A when the organism requires it.

Vitamin A from the diet or obtained from Beta-carotene is important for twilight vision, blood formation and function of the immune system.

Vitamin C is an intracellular antioxidant that is known to boost the immune system. Vitamin C additionally contributes to reduce tiredness and fatigue. It associates with Vitamin E to form an antioxidant system that efficiently neutralizes free radicals.

A better assimilation rate through DEPOT time-release

The body can more efficiently assimilate low levels of micronutrients released over a long time than high levels released in a short time. This is what **Doppelherz® aktiv DEPOT** tablets achieve! Thanks to their special coating, DEPOT tablets release micronutrients in a timely manner for a better assimilation rate.

One tablet contains:

100 µg Selenium, 300 µg Beta-carotene, 300 µg Vitamin A, 100 mg Vitamin C, 36 mg Vitamin E.

Recommendations:

Take 1 tablet daily at meal with enough liquid. Do not chew.
Do not exceed the stated recommended daily dosage!

Food supplements should not be used as a substitute for a varied diet. The product should be stored out of the reach of children.

Energetic value:

1 tablet corresponds to 0.1 kcal/0.4 kJ.

Do not store above 25 °C.




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